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20/VC/BW

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BEAUTY AND WELLNESS

(Vocational Course)

Full Marks : 30

Time : 1 hour

The figures in the margin indicate full marks for the questions

General Instructions :

- (i) The candidates are advised to attempt all sections A, B, C and D.
- (ii) Section D have 3 internal choices.
- (iii) Question Nos. **1** to **8** are multiple choice questions, marked as (a), (b) and (c), out of these only one is the correct answer and each question carries 1 mark.
- (iv) Question Nos. **9** to **12** carry 1 mark each.
- (v) Question Nos. **13** to **15** carry 2 marks each.
- (vi) Question Nos. **16** to **18** carry 4 marks each.

(2)

SECTION—A

(Marks : 8)

Choose and write the correct answer :

1×8=8

1. Communication process where the communicator uses words as medium is known as

(a) verbal communication
(b) non-verbal communication
(c) All of the above

2. Which tool is used to gently grind down and shape the edges of nail?

(a) Cuticle pusher
(b) Nail cutter
(c) Nail filer

3. The process of reducing the amount of pathogens found on the surface is known as

(a) sterilization
(b) sanitization
(c) cleaning

(3)

4. Which hair care product is used for the removal of oil, dirt, dandruff and environmental pollutants?
- (a) Shampoo
 - (b) Conditioner
 - (c) Hair serum
5. The equipment used to steam the scalp after conditioning the hair is known as
- (a) shampoo station
 - (b) head steamer
 - (c) towel
6. The study of the movements of our body parts like eyes, head, hands, legs, sitting and walking is known as
- (a) body language
 - (b) language of distance
 - (c) language of time
7. A professional cosmetic treatment for the feet and the toenails is known as
- (a) manicure
 - (b) pedicure
 - (c) nail art

(4)

8. _____ is a hand tool which is used to trim fingernails, toenails and hangnails.

- (a) Nail filer
- (b) Nail buffer
- (c) Nail cutter

SECTION—B

(Marks : 4)

Answer the following questions in *one* word or *one* sentence each : 1×4=4

- 9. What are the barriers of effective communication?
- 10. Name the three layers of the hair shaft.
- 11. Define the word communication.
- 12. Name five different types of nail shapes.

SECTION—C

(Marks : 6)

Answer the following questions in 20–50 words each : 2×3=6

- 13. Name and explain the tools and equipment used as PPE.

(5)

- 14.** What is manicure? State the benefits of hands and foot massage.
- 15.** Differentiate between verbal and non-verbal communication.

SECTION—D

(Marks : 12)

Answer the following descriptive-type questions in 60–100 words each : 4×3=12

- 16.** Explain about the role of an entrepreneur to improve quality of the entrepreneurship.

Or

Briefly describe about the need of care and maintenance of a computer.

- 17.** Explain the hair structure and its types.

Or

What is conditioner? Explain the different types of conditioner available in the market.

- 18.** What is pedicure? What are the aftercare advices should be given to the client after a manicure and pedicure treatment?

Or

Explain step-by-step the procedure of hair spa for dry hair.

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