

Total No. of Printed Pages—8

X/20/HEd (O)

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HEALTH EDUCATION

(Old Course)

(FOR CANDIDATES WITH INTERNAL ASSESSMENT)

Full Marks : 80

Pass Marks : 24

(FOR CANDIDATES WITHOUT INTERNAL ASSESSMENT)

Full Marks : 100

Pass Marks : 30

Time : 3 hours

(FOR ALL CATEGORIES OF CANDIDATES)

The figures in the margin indicate full marks for the questions

General Instructions :

- (i) Question Nos. **1** to **7** are to be answered by all categories of candidates.
- (ii) Question Nos. **8** to **10** are to be answered only by **candidates without Internal Assessment.**
- (iii) Candidates with **Internal Assessment** should not answer Question Nos. **8** to **10.**

(2)

GROUP—I

(Objective-type Questions)

1. A. Choose and write the most appropriate answer of the following : 1×6=6

(a) Growth is controlled by

- (i) genes
- (ii) endocrine secretions
- (iii) food
- (iv) All of the above

(b) Indian marriages are usually for

- (i) short time
- (ii) long time
- (iii) lifetime
- (iv) very short time

(c) The most prevalent system of medicine all over the world is

- (i) homoeopathy
- (ii) naturopathy
- (iii) allopathy
- (iv) ayurvedic

(d) A subcentre normally looks after a population of about

- (i) 10000
- (ii) 30000
- (iii) 60000
- (iv) 90000

(3)

(e) CARE presently operates in

- (i) 16 countries
- (ii) 26 countries
- (iii) 46 countries
- (iv) 36 countries

(f) World AIDS Day is celebrated every year on

- (i) 2nd September
- (ii) 10th October
- (iii) 1st December
- (iv) 5th June

B. Fill in the blanks :

1×6=6

(a) One gains _____ maturity when one has obtained his full height, weight and strength.

(b) National Vector-Borne Disease Control Programme also covers filaria and _____ along with malaria.

(c) _____ and superstitions are an integral part of all cultures in the world.

(d) _____ makes health regulation for international travel.

(e) A sexually transmitted infection is an illness caused by an infectious _____.

(f) In this modern age of _____ and technology, man is confronted with many problems.

(4)

C. Answer the following questions in *one* word each : $1 \times 6 = 6$

- (a) Which maturity makes one a socially acceptable person?
- (b) Name the germ that causes chlamydia.
- (c) The Central Council of Health was set up under which Article of the Constitution of India?
- (d) Which vaccine produces resistance in the body against tuberculosis germs?
- (e) Name the alcohol used for drinking.
- (f) Where is the headquarters of WHO for the South East Asia Region?

(Short Answer-type Questions)

2. Answer the following questions in *one* sentence each :

$2 \times 5 = 10$

- (a) What is natural increase in population?
- (b) Mention any two things that your parents expect of you.
- (c) Define medicine.
- (d) Name the four diseases covered under the new International Health Regulations.
- (e) List any two cultural practices that promote health.

(5)

3. Answer the following questions in 3–4 sentences each:

3×4=12

- (a) List any three benefits derived from a joint family.
- (b) What is consumer education?
- (c) What is the three-pronged strategy that has been undertaken to achieve the objective of the National Vector-Borne Disease Control Programme?
- (d) What is quarantine?

Or

Mention any three ways by which HIV is not transmitted.

GROUP—II

(Descriptive-type Questions)

4. What is maturity? In what manner can we measure intellectual maturity?

1+(1½×6)=10

5. Write any ten main functions of State Health Department.

10

Or

What is the main aim of Applied Nutrition Programme?
Explain any four nutrition programmes.

2+8=10

(6)

6. What is self-medication? What are the dangers of self-medication? (Examples not required) $1+(1\frac{1}{2}\times 6)=10$

7. When was WHO established? Mention any six functions of WHO. $1+(1\frac{1}{2}\times 6)=10$

Or

What is teenage pregnancy? Mention any three symptoms of teenage pregnancy. What are its social and health effects on teenage mothers? $1+3+6=10$

[For the Candidates without Internal Assessment]

8. Answer any *five* of the following questions : $1\times 5=5$

(a) Which was the first country in the world to launch family planning as an official programme?

(b) Name one communicable eye disease.

(c) What is the other name of white blood corpuscles?

(d) Who discovered penicillin?

(e) Name the tar-like chemical found in tobacco.

(f) When is World Health Day celebrated?

(g) Name the microorganism that causes syphilis.

(7)

9. Match *Column—A* with *Column—B* of the following :
1×5=5

<i>Column—A</i>	<i>Column—B</i>
(a) Mahatma Gandhi	(i) Chemotherapy
(b) Dhanvantari	(ii) Homoeopathy
(c) Paul Ehrlich	(iii) Streptomycin
(d) Dr. Samuel Hahnemann	(iv) God of medicine
(e) Selman A. Waksman	(v) touched by the plight of leprosy patients

10. Answer any *five* of the following questions briefly : 2×5=10

- (a) What is adaptability?
- (b) What are antibodies?
- (c) What is the main objective of the World Health Organization (WHO)?
- (d) What is chemotherapy?

(8)

- (e) What is surgery?
- (f) Name the two types of quacks.
- (g) What are alcohols?
- (h) What is life skills education?
- (i) What is immunity?

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